



Environmental Statement – Workout Bristol (2025 Update)

Workout Bristol recognises its duty to operate responsibly, reducing its environmental impact and complying with all applicable UK environmental legislation, including the Environmental Protection Act 1990, the Environment Act 2021, the Climate Change Act 2008 (as amended), and the Waste (England and Wales) Regulations 2011.

We commit to:

1. Regularly assess and review the environmental impact of our activities.
2. Ensure all waste is segregated, stored safely, and collected by licensed waste carriers, with Duty of Care records maintained.
3. Train employees in environmental responsibilities, including waste, energy, and resource use.
4. Minimise waste production and promote reuse and recycling wherever possible.
5. Reduce energy use and carbon emissions, working towards net zero in line with UK targets.
6. Use recyclable and renewable materials where feasible.
7. Prevent and minimise pollution to air, water, and land, complying with all UK regulations.
8. Minimise environmental risks to employees, contractors, and the public.
9. Engage with the local community and support wider biodiversity and sustainability initiatives.

This policy is documented, communicated to all staff, contractors, and suppliers, reviewed annually, and made publicly available.

Signed: _____
Position: _____
Date: _____



UK Environmental Compliance Checklist (Workout Bristol)

1. Waste Management (Environmental Protection Act 1990 / Waste Regs 2011)

- ☐ Use **licensed waste carriers** (ask for their waste carrier registration number).
 - ☐ Keep **Waste Transfer Notes (WTNs)** for *at least 2 years*.
 - ☐ Separate **recyclables** (paper, plastics, cans, cardboard, glass).
 - ☐ Ensure **hazardous waste** (e.g. cleaning chemicals, fluorescent tubes) is stored separately and collected by an authorised contractor.
 - ☐ Keep receipts/contracts from waste companies to show compliance.
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2. Energy & Carbon (Climate Change Act 2008 / Net Zero Strategy)

- ☐ Record your **energy use** (electricity & gas bills).
 - ☐ Switch to **renewable electricity tariffs** where possible.
 - ☐ Install **LED lighting, timers, and motion sensors** in low-use areas.
 - ☐ Encourage staff/customers to reduce unnecessary energy use.
 - ☐ Keep an annual record of energy reduction actions.
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3. Pollution Prevention (Environmental Permitting Regs 2016)

- ☐ Store cleaning chemicals safely (labelled, sealed, away from drains).

- ☐ Maintain HVAC and gym equipment to minimise leaks or excessive noise.
 - ☐ Have a **spill kit** available and train staff how to use it.
 - ☐ Ensure waste water (e.g. from cleaning) does not contaminate drains.
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4. Training & Awareness (H&S at Work Act 1974 / Environment Act 2021)

- ☐ Train staff on:
 - ☐ Waste segregation & recycling.
 - ☐ Energy saving practices.
 - ☐ Safe storage/handling of chemicals.
 - ☐ Keep training attendance sheets or signed induction checklists.
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5. Community & Biodiversity (Environment Act 2021)

- ☐ Display your **environmental policy** publicly (e.g. website or noticeboard).
 - ☐ Support local biodiversity (e.g. planters, local green projects, tree planting).
 - ☐ Engage members/customers (posters, social media updates on recycling/energy saving).
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6. Documentation & Review

- ☐ Keep a folder (digital or paper) with:
 - ☐ Policy statement (signed & dated).

- ☐ Waste transfer notes & carrier licences.
 - ☐ Energy bills/records.
 - ☐ Staff training records.
 - ☐ Annual review notes.
 - ☐ Review the policy **once a year** and update targets.
 - ☐ Keep a simple **Environmental Logbook** to track actions and improvements.
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☒ If you maintain this checklist, you'll be able to **show compliance** with:

- **Environmental Protection Act 1990**
- **Environment Act 2021**
- **Climate Change Act 2008** (as amended)
- **Waste Regs 2011**
- **Health & Safety at Work Act 1974**